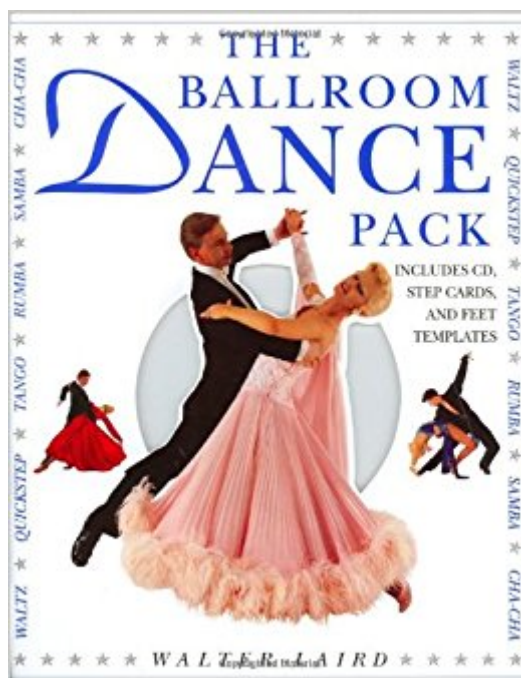


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# The Ballroom Dance Pack



## Synopsis

Glide your way through the most popular ballroom dances—the Latin Cha Cha Cha, Rumba, and Samba; as well as modern classics like the Waltz, Quickstep, and Tango—in this accessible and entertaining dancing guide. With a partner or on your own, the Ballroom Dance Pack is all you need to master the 6 most popular dances in the privacy of your own home.

## Book Information

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Average Customer Review: 3.3 out of 5 stars— See all reviews— (7 customer reviews)

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Genres > Dance

## Customer Reviews

Teaches the most basic moves of a few flow and latin dances. A colorful book that shows two dance couples displaying proper form for each move, but it does not get very far. While it has "templates" showing footwork for the most basic form of each dance, it lacks for more common footwork diagrams for the other dance moves. This book is British (male - right foot first), so "Natural Turns" etc. will all be backward for most American students. The practice music CD is nice to have when you are learning the basics.

Enthusiasts keen to ballroom dance , the English way will be thrilled with their find ! The instructions , though simple coupled with the profuse figures and variations are informative and easy to follow. Covers all 3 standard dances (though disappointing not to see the 'Slow Foxtrot' in this book)and 3 Latin dances. A good start to built fundamental knowledge of the basic steps and rhythm in the movements ,but not without practice.The learner will never be lost .The hour-long CD alternates between 'practice' and 'actual play'including the feet templates account for the bumper sized book

which needs to be wrapped up !Wonder if W.Laird is planning on an Intermediate book.

THE BALLROOM DANCE PACK is a model of simplicity. Walter Laird presents basic instruction in the Waltz, Quickstep, Tango, Cha-Cha, Samba and Rumba. He starts each lesson with a demonstration of a solo exercise and pictures of the appropriate close hold. The emphasis throughout the book is on the basics.Laird teaches the British style with the man leading with his right foot. Americans consequently will have to reverse the process. I find this requirement to be only a minor inconvenience. If you are seeking the bare fundamentals, this manual is a good place to find them.

I took dancing lessons 4 a while thru arthur murray at the studio in Paoli, PA!! bALL ROOM DANCING is an art form and very romantic!! luv the gracefullness of good couples who know how 2 dance this way!!!

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